



### Research parameters

Basal metabolic rate	1756 kcal (????~????)
Recommended calorie intake	2507 kcal
Waist hip ratio	0.9 (0.8~0.9)
Body cell mass	42.0 kg (32.0~38.5)
SMI	8.3 kg/m <sup>2</sup>
Intracellular water	29.3 L (22.0~26.8)
Extracellular water	17.6 L (13.5~16.5)

### Whole body phase angle

φ(°) 50kHz	6.0°				
φ(°) 50kHz	RA	LA	TR	RL	LL
	5.5°	5.5°	7.4°	6.4°	6.5°

### Impedance

Z(Ω)	RA	LA	TR	RL	LL
1kHz	348.2	342.0	23.9	284.2	288.9
5kHz	340.9	335.0	23.3	277.9	282.4
50kHz	300.6	296.6	20.2	241.8	245.1
250kHz	271.0	267.1	17.2	216.7	219.8
500kHz	262.2	257.7	16.0	210.9	213.4
1000kHz	255.1	250.6	14.1	206.1	208.7

### Weight control

Target weight	82.2 kg
Weight control	0.0 kg
Fat control	0.0 kg
Muscle control	0.0 kg